

# Discipline Checklist

- Have your lessons clearly planned so students do not experience “down time.”
- Keep parents informed about your class activities, discipline plan, homework, and how they can support your program.
- Set up simple, clear class rules and teach them to the students.
- Have both consequences and rewards for appropriate/inappropriate behaviour established with students.
- Communicate with parents early when a student is having problems at school.
- Follow school policy concerning suspensions, keeping students after school, and limiting recess or lunch time.
- Be consistent, fair, and positive with students.
- Plan how to reward students for completing work assignments.
- Help students to feel successful, and they won't need to use disruptions or negative behaviour for attention.
- Plan what students are to do if they have trouble completing their work or if they finish early.
- Consider alternating between quiet, individual activities and more energetic group activities.